



# TRANSPORT

**Getting about** in the Borders can be difficult at the best of times but for carers and anyone with a disability it can be even harder. There are some community transport schemes available that may be suitable for your needs if public transport is not an option for you.

## Types of transport they provide

- ▶ Individual transport for the elderly and less mobile who find it difficult to use bus services.
- ▶ Specialist wheelchair transport.
- ▶ Provision of cars and drivers under the Social Car scheme for residents meeting certain criteria, generally to meet medical appointments.

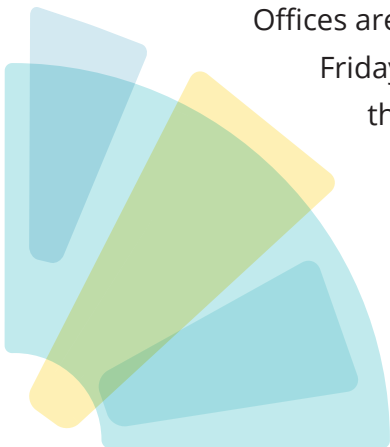
Contact details for community transport organisations

Offices are normally staffed Monday to Friday 9am - 1pm and all contact with these organisations is by telephone. To arrange transport or for more information in:

**Area: Berwickshire**

Berwickshire Wheels

01361 884652



**Area: Central Borders**

Gala Wheels  
01896 668578

**Area: Roxburghshire**

Teviot Wheels  
01835 863354

**Area: Tweeddale**

Tweed Wheels  
01721 723123

**Area: Newcastleton**

Newcastleton Community Transport  
013873 75616

**Area: Whole of the Borders**

Red Cross  
01896 751888

**Area: Whole of the Borders**

Royal Voluntary Service  
01896 754480



*“Having a day out has always been important to me and although my husband is now in a wheelchair, we can still get out and about with community transport – and it’s not expensive”*

**What kind of journeys can be made?**

- ▶ Visit family and friends
- ▶ Have a day out
- ▶ Go shopping
- ▶ Visit theatres
- ▶ Visit local gardens, parks and monuments
- ▶ Have lunch with friends
- ▶ Take part in meetings of local clubs or groups

- ▶ Visit your dentist, podiatrist, optician, physiotherapist, treatment room nurse or hairdresser
- ▶ Transport to day centres and social centres.
- ▶ Medical appointments

## Ambulance transport services

Ambulance transport is provided for patients who have a medical need or a condition that prevents them by travelling by other means. Escorts or carers can only travel with the patient where treatment or care is needed on the journey.

## Blue Badge Scheme

The Blue Badge scheme is for drivers or passengers with severe mobility problems. The scheme provides a range of on-street parking concessions enabling Blue Badge holders to park closer to where they need to go. The scheme does not apply to off-street car parking, for example in privately operated car parks at supermarkets or airports. The scheme operates throughout the UK. To apply for a badge you should contact Scottish Borders Council.



*“Before we had the blue badge we stopped going out because parking was so difficult, now we park right outside the shop and my wife uses the store scooter to do the shopping.”*



# Borders Carers Centre (SCIO)

*Supporting carers throughout the Borders*

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