

Calling all **LGBT Young Adult Carers!**

Time To Be Heard (TTBH)

Are you 16-25 years old?

Do you identify as or questioning whether you are lesbian, gay, bisexual or transgender?

Are you an unpaid carer or help to look after a relative or friend who is ill, frail, disabled or has mental health or addiction problems?

If you answered YES to all these questions, then we want to hear from you!

Carers Trust Scotland is undertaking research into the lives of LGBT Young Adult Carers aged 16-25. There is very limited research that currently exists about this group of young people and we believe that it's their Time To Be Heard!

PRIZE DRAW

After fully completing the survey, your name will be entered into a prize draw. One respondent will win a £25 Amazon gift voucher.

How to complete the online survey?

Scan the QR code or complete the survey here:

https://www.surveymonkey.com/s/LGBT_YAC_SURVEY



If you need to get in touch with Carers Trust Scotland, then please contact Paul Traynor (Young Adult Carers Policy and Campaigns Officer) by e-mailing: ptraynor@carers.org